



# Foot & Ankle EMEA Symposium 2017

*Skills Enhancement - Foot & Ankle*

Hotel Don Giovanni  
Prague, Czech Republic  
14 - 15 September 2017

**Chairmen:**

Mr. Chris Blundell  
Mr. Mark Davies



ZIMMER BIOMET  
Institute

## Symposium

We know you are good. And we know you are eager to become even better. Share knowledge and experience peer-to-peer with colleagues from around the world at Zimmer Biomet Institute's Symposia!

The specific course objectives include:

- Updates on treatment strategies in Foot & Ankle surgery
- New developments in deformity, soft tissue and trauma reconstruction of the Foot & Ankle
- Share and debate experiences and difficult Foot & Ankle cases with your colleagues

The Zimmer Biomet Institute wishes you a valuable and enjoyable training with us.

Zimmer Biomet Institute



Our continuum of education offers a vast range of opportunities to health care providers and Zimmer Biomet team members to **learn, interact, understand** and **share** knowledge about our products, services and about surgical philosophies through a variety of modalities.

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# Program

## Thursday 14 September 2017

12:00 *Welcome lunch*

13:00 Course Introduction

### Session 1: Osteochondral Lesions & Bone Marrow Lesions in Foot & Ankle

Moderator: C. Blundell

#### Osteochondral Lesions

- |       |   |              |
|-------|---|--------------|
| 13:15 | Introduction to osteochondral lesions: size, anatomic location and classification | P. Rippstein |
| 13:25 | Range of ankle osteochondral lesion treatments                                    | H. Pereira   |
| 13:40 | Case presentation: Lateral & Medial OCL   | J. Štalc     |
| 13:50 | Discussion  | All          |
| 14:10 | OCL: where current research and techniques are going towards?                     | F. Usulli    |
| 14:20 | Revision cases: what went wrong and second step alternatives                      | H. Hariharan |

#### Bone Marrow Lesions

- |       |   |           |
|-------|---|-----------|
| 14:30 | Bone Marrow Edema Syndrome in the foot and ankle: basic science | M. Davies |
| 14:40 | Case presentation: Ankle Subchondroplasty®                      | J. Štalc  |
| 14:45 | Discussion  | All       |

15:00 *Coffee break*

### Session 2: Chronic Ankle Instability Management

Moderator: M. Davies

#### Brostrom-Gould: Open vs Arthroscopic

- |       |   |                          |
|-------|---|--------------------------|
| 15:25 | Introduction to the debate                    | M. Davies                |
| 15:30 | Debate on Bostrom-Gould: Open vs Arthroscopic | C. Blundell / H. Pereira |
| 15:50 | Discussion                                    | All                      |

#### Non-Anatomic Treatment

- |       |   |             |
|-------|---|-------------|
| 16:05 | Indication for non anatomic repair: native augments or synthetic grafts           | F. Usulli   |
| 16:15 | Other causes of ankle instability - soft tissues                                  | A. Sikorski |
| 16:25 | Attendee case presentation: Peroneal tendon & Posterior tibial tendon subluxation | K. Buedts   |
| 16:35 | Discussion  | All         |
| 16:55 | Closing notes   |             |

## Friday 15 September 2017

08:30 Introduction to the 2nd day

### Session 3: HindFoot Deformities

Moderator: C. Blundell

08:35	Talar AVN	M. Davies
08:45	Navicular AVN	K. Hariharan
09:00	Managing bone loss	P. Rippstein
09:10	Stability of constructs in diabetic deformities	A. Sikorski
09:25	Cavus foot management	M. Preis
09:40	Break out session: 3D model in planning osteotomies	C. Blundell
09:50	Discussion	All

10:20 *Coffee break*

### Session 4: Trauma Treatment in Foot & Ankle

Moderator: M. Preis

#### Complex foot & ankle fracture dislocations

10:50	Complex hindfoot trauma	M. Davies
11:00	Complex midfoot trauma	C. Blundell
11:10	Complex forefoot trauma	K. Hariharan

#### Salvageable vs Unsalvageable approach

11:20	Introduction to the debate	M. Preis
11:25	Debate on trauma cases: Salvageable vs Unsalvageable foot	K. Hariharan / A Sikorski
11:45	Attendee case presentation: a case for salvage	V. Daghino
11:50	Attendee case presentation: a case for amputation	A. Basile
11:55	Discussion	All

12:15 *Lunch break*

### Session 5: Total Ankle Replacement: know the limits

Moderator: A. Sikorski

#### Total Ankle Replacement

13:15	Total Ankle Replacement: get it right first time	C. Blundell
13:25	Primary Ankle: straight forward cases	F. Usulli
13:40	Persistently painful TAR	P. Rippstein
14:00	Attendee case presentation: Asymptomatic Bone Cysts following TAR-early results	R. Schuh
14:05	Discussion	All

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14:20	Ankle joint preserving strategies	M. Preis
14:40	Management of TAR failures and revision to TAR	C. Blundell
14:50	Management of TAR failures and revision to fusions	M. Davies
15:00	Discussion & conclusions	
15:30	<i>Farewell</i>	



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## Chairmen

**Mr. Chris Blundell**

Sheffield Orthopaedics Ltd  
Sheffield, United Kingdom

**Mr. Mark Davies**

Sheffield Orthopaedics Ltd  
Sheffield, United Kingdom

## Faculty

**Mr. Kartik Hariharan**

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**Dr. Helder Pereira**

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Vila do Conde, Portugal

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## Information

### Organisation

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### Venue

Hotel Don Giovanni

Vinohradská 157a

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### Language

English

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## Course Fee

The fee for this course will be: 900 euro

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